

P.O. Box 53, Barre, MA 01005 978-257-8062

Confidentiality Policy

This notice describes my Confidentiality Policy.

All of my services are confidential. The identity and confidentiality of my clients is something I hold in high regard. I will not pass any information about you to anyone, without your explicit written permission, unless otherwise required by law. I will not even disclose that you are in a professional relationship with me, even after you leave my services.

Some clients refer their friends and family to me. If you make such a referral I will not reveal in what capacity I know you. I sometimes ask new clients how they heard about me. If they mention your name my typical response is a simple nod of the head. I will not acknowledge that I know you.

If I see you outside of my office I will not wave or say hello. If you say hello or acknowledge me I will obviously say hello, but I will not, in any way, indicate in what capacity I know you.

There are exceptions to confidentiality where I have a legal duty to take action, as my license could be in jeopardy if I do not. I will do my very best to notify you if one of these situations occurs:

- 1. I become aware, or have a strong suspicion, of abuse or neglect of a child under 18 years of age, a handicapped individual or an elderly person (including financial exploitation).
- 2. You disclose imminent thoughts of harm to yourself or someone else.
- 3. My clinical notes get subpoenaed by a court.
- 4. You disclose abuse by a health care professional.

If you have any questions about my Confidentiality Policy, please speak with me.